



# Welcome to a new semester!

Lunds Studenters Folkdanslag spring 2026

## Folk dancers from Hungary visiting

April 15-20 we are visited by 20 folk dancers (both younger and older) from the ensemble Vadrózsák from Budapest. There will be dance nights, amongst other things a party with food and dance Saturday the 18th of April. To manage this lovely visit we need hosts who can take care of our guests. In that case we expect you to provide a bed (mattress on the floor is fine), breakfast every day as well as dinner 1-2 days. In return you will get 1-2 free dinners (like the Saturday party). We also need to help each other with transport. Get in touch by e-mailing [info@lundsstudentersfolkdanslag.se](mailto:info@lundsstudentersfolkdanslag.se) in January and write how many you can host. Questions? Get in touch with [stig.hellemarck@folkdansringen.se](mailto:stig.hellemarck@folkdansringen.se)

## Trip to Poland

If there is interest we will be making a trip to Poland in the end of July/beginning of August. We need to have enough interested persons already before Januarys end. See separate info.

## Folk dance

The semester starts Sunday January 25 at Mötesplats Klostersgården. Starting 18.30 until a bit after 20.00 we will be doing instruction for beginner dancers, but you who have danced before are of course welcome. We will be switching up a lot of dances this semester, so apart from the basics like schottis, polka, vals and polska you who have danced before will get some variation.

20.10-21.00 the dance program is made for those who are not beginners from this semester. You should be able to dance hambo or körepolska to keep up.

We will be dancing until the middle of May (see schedule) except for Easter Day.

## Performances

The first show of the year is Saturday March 21 in Medborgarhuset in Genarp. We will carpool there. Sign up now by [stig.hellemarck@folkdansringen.se](mailto:stig.hellemarck@folkdansringen.se).

We will also make a performance at Kulturen Museum Saturday April 18.

We are doing shows at nursing homes daytime Monday and Wednesday before Midsommar (June 15th+17th) At Midsommer Eve (June 19th) we are performing at Thulehem, Habo and Kulturen. This year we are also performing Midsummer day (June 20th) at Kulturen. Practice Sunday May 10th (you are very welcome to come and try it out even if you are not sure you want to be in the shows) and Sunday the June 14th at Klostersgården.

Note these days! Almost surely we will be doing more shows during the summer. It is not difficult to participate - we are doing dances from the semesters beginner dances - and it is always very appreciated by the audience! You will need a folk costume - if you dont have one you can borrow one for free from us. Get in touch with [viktoria.stenqvist@gmail.com](mailto:viktoria.stenqvist@gmail.com) well before you need your costume.

## Folk music

We meet every other Monday from February 2nd to June 8th at 19.00. We also play at the dance Sunday the May 3rd. See attached schedule.

Locale is Ametisten at Studieförbundet Vuxenskolan, Glimmervägen 6. We learn tunes for a common repertoire but also take requests. Everyone who plays an instrument is welcome. Get in touch with Elin Gustafsson, [elin.gu123@gmail.com](mailto:elin.gu123@gmail.com), if you have questions.

## **Folk costume sewing**

Our folk costume sewing (sew, adjust, or get buying advice) is one Saturday a month and starts January 24th at 19.00-12.00 at Studieförbundet Vuxenskolan's rooms at Glimmervägen 6. See attached schedule! Sign up to Viktoria Stenqvist 046-73 58 14; [viktoria.stenqvist@gmail.com](mailto:viktoria.stenqvist@gmail.com).

We rent folk costumes at a low price to both members and others. It is free for members doing shows and at a low cost if you want a costume for a longer period. Contact Viktoria in good time.

## **Association meetings**

Sundays March 1 and April 17 in connection with the dance, preliminary time 19.15 (time is written in meeting invitation that is put up the week before) we have meetings for all members. In March the activity and financial reports for 2025 will be presented. In April we will decide about the membership fee for autumn 2026. If you have other points to bring up, write to our secretary Linnea Heyden, [linnea\\_hey@hotmail.com](mailto:linnea_hey@hotmail.com), at the latest 14 days before the meeting.

## **Member fee**

Fee is now 250 kr for the whole semester.

The fee needs to come to us **at the latest February 15th**. Easiest way is to pay our bankgiro 5950-1759 or swish-number 123 278 42 96.

Membership fee for autumn semester 2025+spring semester 2026 includes the membership fee to our national organization Svenska Folkdansringen for 2026.

## **Information**

If other activities turn up we will try to inform at the dance and via e-mail. If you do not already get info via e-mail, send your e-mail address to [stig.hellemarck@folkdansringen.se](mailto:stig.hellemarck@folkdansringen.se). If you do not want to receive e-mail updates, send an e-mail saying so.

If you have questions about anything feel free to get in touch with Stig Hellemarck, phone: 076 064 7240 or [stig.hellemarck@folkdansringen.se](mailto:stig.hellemarck@folkdansringen.se). Preferably by e-mail.

Also check out our website [www.lundsstudentersfolkdanslag.se](http://www.lundsstudentersfolkdanslag.se). We also have a Facebook page, give us a like!

## **Administration**

Many of our activities (sunday dance, folk music, and folk costume sewing) are arranged in cooperation with Studieförbundet Vuxenskolan (SV).

LSF keeps a register of members, as do Svenska Folkdansringen. In cooperation with SV we share our member register with them. We make a yearly member list sent only to members. We do not share your data for advertising or other reasons.

If you change your address, let Terese Hörndal know, [terese.k.nilsson@gmail.com](mailto:terese.k.nilsson@gmail.com)